



# CALIFORNIA CLEAN AIR DAY

A PROJECT OF THE COALITION FOR CLEAN AIR

## HOSPITALS & HEALTHCARE TOOLKIT

California's Clean Air Day goal is to spread the message throughout California about air pollution and how it directly impacts all Californians' health. Everyone is directly affected by air pollution. Only with your help can we get the message out about how important clean air is to all of our neighborhoods on October 6, 2021.

*"The City of Santa Cruz's participation in Clean Air Day allows us to amplify the promotion and uptake of actions residents can take to improve outdoor air quality and reduce emissions."*

Hospitals, medical offices, and healthcare providers are in a unique position to directly communicate how air pollution affects individual health to those most impacted. Healthcare professionals are advocates of public health issues facing their local communities and can make real change through their leadership and local authority.

**Here are ways a hospital, medical office, and healthcare provider can participate in Clean Air Day:**

### EMPLOYEE ENGAGEMENT:

- Encourage employees to take the [Clean Air Day pledge](#)
- Ditch the Drive-Thru and make your coffee in the office or do one coffee run for the whole office
- Encourage employees to pack a lunch or walk to pick up a meal nearby



- Develop and issue a no-idling policy
- Encourage employees to check all directions/maps, social media, respond to emails and texts before starting their cars

## PHYSICAL SPACE:

- Replace all heating and air conditioning HEPA filters on a regular basis
- Update lights with more energy-efficient replacements
- Purchase environmentally friendly products that do not contribute to indoor pollution (e.g. mercury-free, latex-free, non-toxic cleaning supplies)
- Offer designated “bike parking”, including outlets to charge e-bikes to encourage active transportation
- Install solar panels, if applicable
- Reduce the number of deliveries, have them arrive at non-peak times
- Have the maintenance crew replace gas-powered lawn equipment with electric
- Ensure contractors reduce the impact of the building by limiting the use of diesel generators and suppressing dust
- Ensure all boilers, electrical generators, and sterilizers are energy efficient
- Plant indoor plants to help indoor air quality
- Monitor and share local air quality. Contact the Coalition for Clean Air about an affordable air monitor that can be linked to employee phones
- Stop vehicles from idling near entrances and around parking lots by establishing no-idling zones
- Install extra ventilation in areas where people work with chemical cleaning solutions
- Change cleaning schedules to off-peak time during low foot traffic



## BUSINESS PRACTICES:



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- Contact local and state officials about the air quality in your community
- Invest in zero-emission patient shuttles
- Sponsor an [air monitor](#) in impacted/disadvantaged communities in your area
- Issue a press release about steps your facility is taking to be clean air approved, along with permanent policy changes, using our media advisory template or your own resources
- Promote Clean Air Day on social media with our [social media toolkit](#) or your own resources
- Work with vendors to adopt clean air solutions in their business
- Work with gift shops to not sell helium balloons



When choosing your activities for Clean Air Day, please use your own judgement and abide by all government guidelines in regards to COVID-19.

Staying safe should be your first priority!